



August 2025

## **Project Roadblocks Self-Assessment**

Use this worksheet to reflect on potential roadblocks in your current project.  
Answer honestly and in detail — this is for your clarity, not for anyone else.

### **Question 1: What's Truly Stopping Me Right Now?**

My Answer:

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### **Question 2: What Would 'Progress' Look Like—Big or Small?**

My Answer:

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### **Question 3: If I Could Write Without Fear, What Would I Say Next?**

My Answer:

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### **Summary & Next Steps**

The biggest roadblock I see is: \_\_\_\_\_

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My first step to move past it will be: \_\_\_\_\_

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Identifying your roadblocks is the first step — clarity opens the way forward.