



August 2025

Project Roadblocks Self-Assessment

Use this worksheet to reflect on potential roadblocks in your current project. Answer honestly and in detail — this is for your clarity, not for anyone else.

Question 1: What's Truly Stopping Me Right Now?

My Answer:

Question 2: What Would 'Progress' Look Like—Big or Small?

My Answer:

Question 3: If I Could Write Without Fear, What Would I Say Next?

My Answer:

Summary & Next Steps

The biggest roadblock I see is: _____

My first step to move past it will be: _____

Identifying your roadblocks is the first step — clarity opens the way forward.